

Co-op Action Guide

Co-ops + Careers offers many resources and events to **EQUIP** you with the necessary tools to **EVOLVE** your skills and ultimately **EXCEL** in the industry of your choice.

	4-5 Months Before*	3-4 Months Before	1-2 Months Before
Co-op Search Action Items: Bolded Items are Required to Receive Co-op Credit	□ Familiarize yourself with the Co-ops + Careers resources □ Prepare a draft of your resume □ Submit Co-op Terms & Conditions on WITworks □ Meet with your Co-op + Career Advisor for WITworks access □ International Students: talk with International Student Services about CPT requirements Attend Co-op Institute to learn how to: □ Create and edit your resume & cover letters □ Develop an elevator pitch □ Create/update your LinkedIn profile □ Conduct informational interviews □ Begin to create a Portfolio of completed work/projects □ Join professional and student organizations □ Identify companies with early	3-4 Months Before	□ Continue applying and interviewing □ Meet with your Co-op + Career Advisor if you are not getting interviews □ Send thank you notes to each employer 24 hours after an interview □ Review co-op offers □ Accept a co-op offer and notify any other employers you've interviewed with to withdraw your candidacy □ Once you accept a co-op offer you MUST stop applying and interviewing □ Report your hire on WITworks □ International Students: Complete all CPT paperwork, get it signed by your Co-op + Career Advisor, and submit it to ISS □ Thank your references and let them know you accepted a co-op
During Your Co-op	Create work plan with your supervisor that outlines your responsibilities and addresses your learning goals Meet regularly with your supervisor about your progress Network with people across the organization and conduct informational interviews Create a portfolio of accomplishments, including deliverables, skills acquired or honed, and any recognition you received making sure to receive permission from your employer to share any company information At the end of your co-op, ask for a LinkedIn recommendation Complete your self-evaluation to receive a passing grade Ensure your employer evaluation is completed to receive a passing grade		
Co-op + Career Resources	 WITworks Job Board Co-op + Career Handouts on WITworks Co-op Institute 	Your Dedicated Co-op +Career AdvisorDrop-In HoursWITwear	 □ Co-ops + Careers Blog □ Co-ops + Careers YouTube channel □ Co-ops + Careers on Twitter
Co-op + Career Events	□ Co-op + Career Fairs (Fall & Spring Semester)□ On-Campus RecruitingVisit WITwork	☐ Mock Interview Day (Fall Semester)☐ Wentworth On the RoadAs for more information and a sched	 □ Employer Information Sessions □ Employer in Residence □ Various Networking events

^{*} Student Athletes and International Students need to start their search even earlier. Meet with your Co-op + Career Advisor 6-8 months before your co-op semester.